

Investigation of airborne pollen grains in Kırşehir

Kırşehir atmosferindeki polenlerin araştırılması

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ABSTRACT

This research is an aeropalynological study performed in Kırşehir in the period of March 1st, 2005-February 28th, 2006. Samples which obtained from Golhisar, Bahçelievler and Karayolları in Kırşehir have been analyzed at two different stations by using the application of Durham-gravimetric method. The amount of the pollen grains in Kırşehir atmosphere per certain area has been measured as cm² units with respect to the specified area within weekly and monthly periods by the help of the microscope slides placed in the Durham instrument and the obtained results are shown through graphics. A total 24 taxa of 12 trees and scrubs, and of 12 herbaceous plants, have been determined in the research area. The increase in the temperature, wind speed and relative humidity rates have affected the amount of pollens positively but also affected the precipitation negatively. The results are compared with the meteorological factors. The monthly pollen calendar is prepared. In conclusion, it is expected that these data would be helpful for the researchers in the area of aeropalynology and for the clinicians to evaluate allergic diseases.

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ÖZ

Bu araştırma 01 Mart 2005-28 Şubat 2006 tarihleri arasında Kırşehir'de yapılan aeropalinojik çalışmadır. Bu çalışmaların verilerinin, konu ile ilgili diğer araştırmacılara ve allerjik hastalıkların değerlendirilmesinde klinisyenlere yardımcı olacağı umut edilmektedir. Kırşehir ili içerisinde Gölhisar, Bahçelievler ve Karayolları Müdürlüğü istasyonları olmak üzere üç farklı istasyonda Gravimetrik yöntemin uygulama aracı Durham kullanılarak elde edilen örnekler incelenmiştir. Kırşehir atmosferindeki polenlerin belli bir alan başına düşen miktarı, Durham aracına yerleştirilen preparatlar yardımıyla cm² alan birimi olarak haftalık ve aylık periyotlarda saptanmış, elde edilen veriler grafiklendirilmiştir. Çalışma bölgelerinde 12'si ağaç ve çalı, 12'si otsu olmak üzere toplam 24 takson belirlenmiştir. Sıcaklık, rüzgar hızı ve nispi nem oranı artışları, polen miktarını pozitif olarak, yağış ise negatif yönde etkilemiştir. Sonuçlar, meteorolojik faktörlerle karşılaştırılarak, aylık polen takvimi hazırlanmıştır.

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INTRODUCTION

Pollen and spores in the atmosphere enter the human body through the respiratory system, especially sensitive individuals feel severe reactions in the respiratory system due to these pollens and spores. Microorganisms in the air are pollen, spores, bacteria, viruses, hyphae parts, algae, small seeds, larvae of insects, and protozoa. Most of these particles are the factors of disease. Especially some pollen grains are known to cause allergic asthma and hayfever. These diseases mostly appear during the flowering periods of plants. Especially in highly populated cities determination of the pollen types and their concentration in the atmosphere is very important. It is a well known fact that pollen grains of several plant taxa, such as *Acer* spp., *Populus* spp., *Cupressaceae*, *Salix* spp., *Platanus* spp., *Quercus* spp., *Juglans regia*, *Pinus* spp., Moraceae, Oleaceae, Urticaceae, Umbelliferae, Chenopodiaceae/Amaranthaceae, Compositae, *Artemisia* spp., *Taraxacum* spp., Gramineae, Plantaginaceae and Polygonaceae have allergic effects (asthma, hayfever etc.) on humans^[1-3]. For this reason, studies of the pollen content in the atmosphere of different areas have been carried out by researchers worldwide and Turkey. In Sweden, in Finland, in Italy, in France, in Netherlands, in England, in Spain (1990), in Greece, in Argentina made investigations on the pollen content in the atmosphere^[4-12]. In Turkey, Istanbul, Serik (Antalya), Kirikkale, Sivas, Balikesir, Isparta, Afyon, Usak, Edirne, Izmir, Bartın, Samsun, Diyarbakir, Trabzon, Eskisehir, Kastamonu, Bilecik, Ankara, Tekirdag, Konya, Kirklareli were the investigated provinces by researches^[15-33]. The aim of this study was to determine pollen grains and to determine the changes in pollen fall per cm² weekly, monthly and annually. The results of this study are

Anahtar kelimeler: Türkiye, Kırşehir, polen takvimi, aeropalinoloji

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expected to be useful for allergist in establishing a right diagnosis.

MATERIALS and METHODS

Kirsehir is situated at 38° 50'-39° 50' North and 33° 30'-34° 50' East in the north-west of Turkey at an altitude of 985 m above sea level. Kirsehir is in Irano-Turanion phytogeographic region, and generally has a Mediterranean climate. According to Emberger's (1952) bioclimate essentials, the study area is under the influence of a low precipitation Mediterranean bioclimate level^[34]. The most frequent winds are from the north-northwest with an average 2.4 m/s, an average annual mean temperature of 11.3°C, a mean rainfall of 383.3 mm/year, and a mean humidity 59.0% (Figure 1). The following species are found in Kirsehir: *Astragalus* spp., *Alyssum* spp., *Verbascum* spp., *Centaureae* spp., *Silene* spp., *Pinus nigra* subsp. *nigra*, *Cedrus libani*, *Quercus cerris* var. *cerris*, *Q. pubescens*, *Cupressus sempervirens* L., *Acer* spp., *Juglans regia* L., *Betula pendula* Roth., *Platanus orientalis* L., *Sa-*

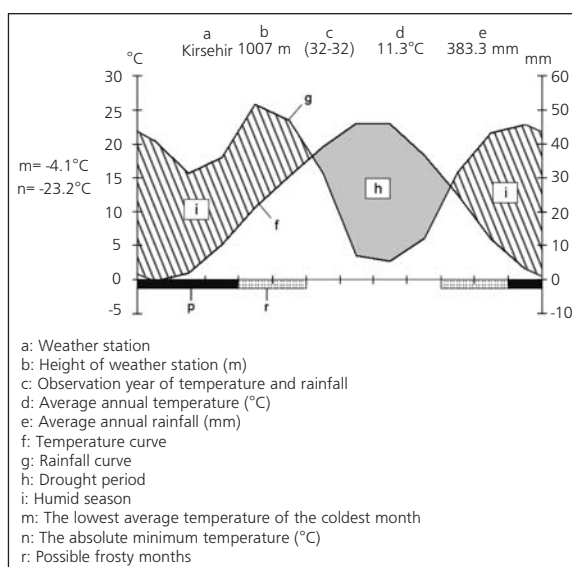


Figure 1. Climate diagram of Kirsehir (1975-2006).

lix spp., *Populus* spp., *Fraxinus* spp., *Juniperus* spp., and *Morus alba* L., In addition to the natural vegetation around Kirsehir, the following species are frequently seen in parks, gardens, and streets of the city: *Platanus orientalis* L., *Salix* spp., *Populus* spp., *Fraxinus* spp., *Pinus nigra* L., *Acer* spp., and *Betula* spp.

In this study, Durham apparatus were placed in three different locations on roofs, at the approximate height of 10 m above ground level. All sides of the roof were open to air flow, and there are no high buildings blocking air flow in surrounding. Slides placed on the Durham apparatus were changed weekly.

Before exposure, slides were covered with glycerin jelly mixed with basic fuchsin^[35]. The slides were examined weekly under a light microscope. In most cases the grains were identified and counted at genus level, and at family level in the rest. The grains that could not be identified were considered as unidentified types. The number of pollen grains was expressed as grains per square centimetre of microscope cover glass (20 x 20 mm).

RESULTS

During observation, 6446 pollen grains/cm² belonging to 12 (74.8%) arboreal and 12 non-arboreal (23.9%) pollen types were found. Unidentified pollen types accounted for (1.3%) (Table 1,2). In the atmosphere of Kirsehir arboreal pollen grains were dominants. The frequency of arboreal pollen grains generally depends on the distribution and density of the local vegetation and rate of pollen production. According to other studies carried out in Europe, arboreal pollen grains were also dominant: in Finland (82%); in Bursa, Turkey (78.6%); in Perugia (71%) and Ascoli-Piceno (55%); in Kutahya, Turkey (82%); in Canakkale, Turkey (86.7%); in Eskisehir, Turkey (81%); in Konya, Turkey (87.5%); in Bilecik, Turkey (75.7%); in Tekirdag, Turkey (64.1%); in Kirlareli, Turkey (71.0%)^[27,29,31-33,36,37].

The main arboreal plants' pollens in the atmosphere of Kirsehir were the following: Pina-

Table 1. Total biannual percentage values of the main pollen types in the atmosphere of Kirsehir (%)

Taxa	Annual totals of weekly pollen counts/cm ²	%
Aceraceae	0.21	2.0
Betulaceae	0.49	4.7
Chenopodiaceae	0.45	4.3
Compositae	0.28	2.6
<i>Artemisia</i>	0.18	1.7
<i>Taraxacum</i>	0.036	0.4
Cruciferae	0.054	0.5
Cupressaceae	0.99	9.6
<i>Quercus</i>	0.176	1.7
<i>Juglans regia</i>	0.10	0.98
Leguminosae	0.146	1.2
Moraceae	0.034	0.4
Oleaceae	0.121	1.2
Pinaceae	3.36	33.7
Plantaginaceae	0.125	1.2
<i>Platanus</i>	0.121	1.2
Poaceae	1.069	10.4
Polygonaceae	0.01	0.2
<i>Populus</i>	0.38	3.8
<i>Salix</i>	1.55	15.1
Rosaceae	0.05	0.5
Rubiaceae	0.02	0.3
Umbelliferae	0.04	0.4
Urticaceae	0.15	1.3
X	0.14	1.3

ceae (33.7%), *Salix* spp. (15.1%), Cupressaceae (9.6%), Betulaceae (4.7%), *Populus* spp. (3.8%), Aceraceae (2.0%), *Quercus* spp. (1.7%), *Juglans regia* (0.98%), *Platanus* spp. (1.2%) and Oleaceae (1.2%). They form 72.5% of the total pollen fall (Table 1). Poaceae (10.3%), Chenopodiaceae/Amaranthaceae (4.3%), Compositae (2.6%) and *Artemisia* spp. (1.7%) were frequently found as non-arboreal plants taxa in the atmosphere of Kirsehir, making up 18.9% of the total pollen grains (Tables 1,2).

Table 2. Pollen grains (per cm²) of taxa by month, Kirsehir

Months	March	April	May	June	July	August	September	October	November	December	January	February	Total
Betulaceae	54	129	21	2	-	-	-	-	6	11	39	49	311
Chenopodiaceae	-	-	2	21	57	137	40	20	3	-	-	-	280
Compositae	-	3	5	19	42	52	38	18	-	-	-	-	167
Aceraceae	67	64	-	-	-	-	-	-	-	-	-	-	131
Artemisia	-	-	1	3	16	43	28	21	-	-	-	-	120
Taraxacum	-	-	1	11	10	1	-	-	-	-	-	-	23
Cruciferae	-	3	23	7	-	-	-	-	-	-	-	-	31
Cupressaceae	153	77	72	15	5	-	-	-	-	43	79	172	616
Salix	150	796	26	-	-	-	-	-	-	-	-	-	972
Quercus	-	-	83	13	13	-	-	-	-	-	-	-	109
Juglans regia	-	19	36	5	3	-	-	-	-	-	-	-	63
Leguminosae	-	-	22	25	20	13	2	3	-	-	-	-	85
Moraceae	-	14	8	-	-	-	-	-	-	-	-	-	22
Oleaceae	-	-	33	30	11	-	-	-	-	-	-	-	74
Pinaceae	36	43	726	227	85	40	256	609	125	-	3	21	2171
Plantaginaceae	-	-	3	37	19	10	9	-	-	-	-	-	78
Platanus	3	59	13	-	-	-	-	-	-	-	-	-	75
Poaceae	2	18	171	251	141	50	17	8	4	-	-	-	662
Polygonaceae	-	-	2	3	6	-	-	-	-	-	-	-	11
Populus	53	190	3	-	-	-	-	-	-	-	-	-	246
Rosaceae	-	-	6	14	9	2	-	-	-	-	-	-	31
Rubiaceae	-	-	-	15	2	-	-	-	-	-	-	-	17
Umbelliferae	-	-	-	12	9	11	-	-	-	-	-	-	32
Urticaceae	-	-	-	9	21	32	23	-	-	-	-	-	85
Unidentified	9	6	5	10	18	9	12	15	-	-	-	-	84

From the herbaceous plants, Poaceae, Chenopodiaceae/Amaranthaceae, Plantaginaceae, Compositae, *Taraxacum* spp., *Artemisia* spp. and Urticaceae were found frequently in the atmosphere of Kirsehir making up 21.8% of the total pollen fall (Table 1).

The earliest pollen grains in the atmosphere of Kirsehir were recorded in January (Figure 1). In January, pollen grains of Cupressaceae, Betulaceae and Pinaceae were observed in small amounts during this month. Number of pollen grains started to increase in February, March and April and reached the highest level in May. Betulaceae, *Populus* spp., *Salix* spp., Cupressaceae, *Junglans regia*, Pinaceae, Poaceae, *Platanus* spp. and *Quercus* spp. disperse high amount of pollen into the Kirsehir atmosphere throughout their pollination period and formed 20% of the total pollen grains in May (Table 2).

In June the pollen grains of weeds became dominant, but the amount of pollen was lower than in springtime. The reason for this decrease was associated with the end of the pollination period of many arboreal plants which produced and released high amounts of pollen grains into the atmosphere (Figure 2, Table 2). In June Poaceae, Pinaceae Oleaceae and Plantaginaceae; in July Poaceae, Pinaceae, Chenopodiaceae/Amaranthaceae, Compositae and Urticaceae; in August and September, Poaceae, Pinaceae, Chenopodiaceae/Amaranthaceae and Compositae; in October, Poaceae, Pinaceae, Chenopodiaceae/Amaranthaceae, *Artemisia* spp. and

Compositae; in November and December Pinaceae and Cupressaceae were recorded as dominant taxa (Table 2).

The types of pollen presented in the atmosphere of Kirsehir are shown as a pollen calendar in Figure 3; based on the total counts of pollen grains on months/cm² in 2005. The following 15 taxa produced the greatest amount of pollen (Table 2, Figure 3).

Aceraceae: Pollen grains of this family presented 2.0% of total pollens. Pollen grains in this family for the first three stations were observed during the first week of March. The most intense observation period of this family in Golhisar is the second week of April and the latest period was the last week of April. In Bahcelievler, the most intense observation period of this family was the third week of April and the latest period was the last week of April. In Karayollari, the most intense observation period of this family was the first week of April and the latest period was the last week of April.

Betulaceae: Pollen grains of this family presented 4.7% of total pollens. From the first week of March, the pollens of this family in the atmosphere were started to be seen. In Golhisar station in the third week of April, in Bahcelievler station in the first week of May, in Karayollari station the first week of April was recorded as the maximum level. Also in June, July, August, September and October pollen grains were found. From November till February 2006 the pollen grains were observed as least.

Chenopodiaceae/Amaranthaceae: Pollen grains of this family presented 4.3% of total pollens. In Golhisar station pollen first started in the first week of June and reached the maximum level in the third week of August, and the was observed finally in the second week of October. In Bahcelievler station from the first week of May pollens started to be seen, the maximum level was reached in the third week of August, and the first week of November pollens stopped. In Karayollari the first week of June,

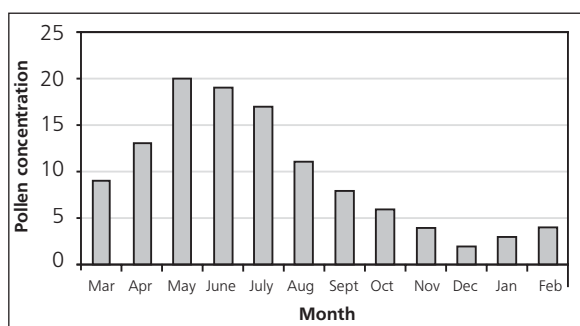


Figure 3. Total pollen content and variation in the number of airborne pollen in Kirsehir.

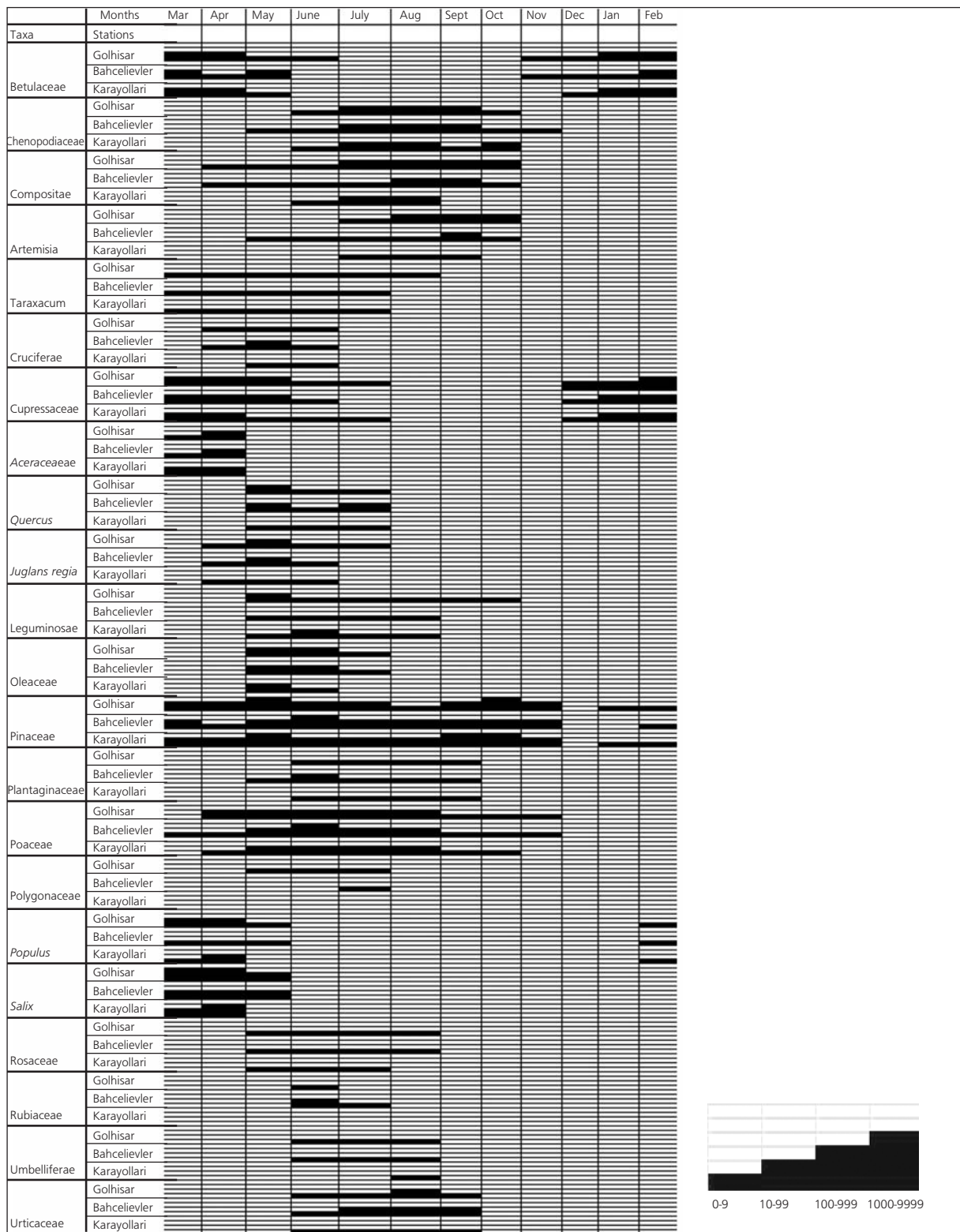


Figure 2. Pollen calendar of Kirsehir.

the pollens started to be seen in the atmosphere, the maximum level was reached in the second week of august and finalized in the first week of november.

Compositae (Asteraceae): Pollen grains of this family presented 2.6% of total pollens. In Golhisar station pollens were first seen in the last week of april and last seen in the first week of october, the maximum level was reached in the second week of august. In Bahcelievler station pollens were first seen in the third week of april and last seen in the first week of october, the maximum level was reached in the second week of august. In Karayollari station pollens were observed starting from the first week of may until the second week of september, the maximum level was reached in the third week of july.

Cupressaceae: Pollen grains of this family presented 9.56% of total pollens. In Golhisar and Karayollari stations the pollens were first observed in first week of march, also in august, september, october and november. In Golhisar station pollens have reached the maximum level in the first week of march. In Karayollari station the amount of pollens reached the maximum level in the first week of april. In Bahcelievler station pollens were first observed in first week of march, also in july, august, september, october and november pollens were found. The amount of pollen has reached the maximum level in the first week of may.

Quercus spp.: Pollen grains of this genus presented 1.7% of total pollens. Pollens of this genus first observed starting from the first week of may until the first week of july in Golhisar, Karayollari and Bahcelievler stations. The pollen amount reached the maximum level in the second week of may in Golhisar and Karayollari stations, and station in the third week of may in Bahcelievler.

Juglans regia: Pollen grains of this species presented 0.98% of total pollens. Pollens of this genus first observed starting from the third we-

ek of april until the first week of june in Golhisar and Karayollari station and ended in july in Bahcelievler station. The pollen amount reached the maximum level in the first week of may in Golhisar, Bahcelievler and Karayollari stations.

Leguminosae (Fabaceae): Pollen grains of this family presented 1.2% of total pollen grains. The pollen grains of this family members were first seen in the second week of may until the third week of october in Golhisar. The pollen amount reached the maximum level in the second week of may. The pollen grains of this family members were first seen in the third week of may until the last week of august in Bahcelievler. The pollen amount reached the maximum level in the third week of august. In Karayollari station the pollen grains were first seen in the second week of may until the last week of july. The pollen amount reached the maximum level in the third week of may.

Oleaceae: Pollen grains of this family presented 1.2% of total pollens. Pollen grains of this family were first seen in the second week of may in the Golhisar station and last in the last week of july. The pollen amount reached the maximum level in the third week of may. In Bahcelievler station pollens were first seen in the second week of may and last seen in the third week of july, the maximum level was reached in the second week of may. The pollen amount reached the maximum level in the third week of may. In Karayollari station pollens were first seen in the first week of may and last seen in the last week of june, the maximum level was reached in the second week of may.

Pinaceae: Pollen grains of this family presented 33.7% of total pollens. In Golhisar station pollen grains appear from the first week of march till the end of november. In january 2006 pollens started to appear again. The maximum level was reached in first week of october, also encountered at the end of november and in Bahcelievler station appeared again in january 2006. The maximum level was reached in the first week of june. In Karayollari station,

pollen grains appeared latest at the end of november and in january 2006 appeared again. The maximum level in the atmosphere was reached in the last week of september.

Plantaginaceae: Pollen grains of this family presented 1.2% of total pollens. In Golhisar station pollens were first seen in the last week of june and last seen in the first week of september, the maximum level was reached in the last week of june. In Bahcelievler station pollens were first seen in last week of may and last seen in the second week of september, the maximum level was reached in the second week of june. In Karayollari station, pollens were observed starting from the second week of june until the second week of september, the maximum level was reached in the last week of july.

Platanus spp.: Pollen grains of this genus presented 1.2% of total pollens. In Golhisar and Karayollari stations pollen grains were found in the atmosphere from the last week of march, and the pollen grains of this genus has reached the maximum level in the third week of april. In Bahcelievler station pollen grains first appeared in the beginning of april and in the last week of april the pollen amount has reached the maximum level. In all three stations pollens could be observed since the last week of may.

Poaceae (Gramineae): Pollen grains of this family presented 10.3% of total pollens. In Bahcelievler stations pollen grains were first observed in the third week of april and in Golhisar and Karayollari stations were first observed in the last week of march. Pollination lasted the first week of november in Golhisar and Bahcelievler stations and, lasted in the third week of september in Karayollari station. In Golhisar and Bahcelievler stations pollen amount reached the maximum level in the third week of may and in the first week of june respectively.

Populus spp.: Pollen grains of this genus presented 3.8% of total pollens. In Golhisar, Bahcelievler and Karayollari stations pollen gra-

ins were appeared in the first week of march and reached the maximum level in the first week of april in three stations. They were last seen in the atmosphere in the first week of may in all three stations. In the second week of february 2006, pollen grains of *Populus* were seen again in all three stations.

Salix spp.: Pollen grains of this genus presented 15.1% of total pollens. Pollen grains of this genus in all three stations appeared in the first week of march. The maximum amount of pollen level was reached in the first week of april in Golhisar and Karayollari stations. In Bahcelievler station maximum pollen amount of was measured in the last week of march. Pollen grains in the atmosphere of this genus were last found in the first week of may in Golhisar and Bahcelievler stations and in Karayollari station were last found in the forth week of april.

Urticaceae: Pollen grains of this family presented 1.3% of total pollens. In Golhisar station the pollens of this family were appeared in the second week of may and in Bahcelievler station pollens were appeared in second week of june and in Karayollari station were appeared in the first week of June. In Golhisar pollens stop appearing in the second week of september, in Bahcelievler station pollens stop appearing in the third week of september and in Karayollari station pollens stop appearing in the second week of september. The pollen amount has reached the maximum level in Golhisar, Bahcelievler and Karayollari stations in the last week of august, in the second week of september and in the third week of august respectively.

Conclusion

In 2006, pollen grains of 24 taxa were identified during March 1st, 2005-February 28th 2006 in the atmosphere Kirsehir: of which 16 formed about 94.8% of the total pollen spectrum (Tables 1,2, Figure 3). In the region investigated, pollen grains were recorded all year round and reached their maximum levels in may

(Table 2, Figure 1). For economic reasons, the gravimetric method was used, but again, we want to use volumetric method, The pollen calendar for this region presented in this study may be useful for allergologists to establish exact diagnosis.

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